

**CGB Public School #2888
Breakfast Menu
September**

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
All meals meet Federal and State nutrition requirements.	All breakfast include juice and 1% and skim milk					1
2	3 NO SCHOOL	4 Cereal Poptart Fruit	5 French toast sticks Sausage links Fruit	6 Cheese omelet Toast Fruit	7 Long John Yogurt parfait Fruit	8
9	10 Sausage breakfast pizza Fruit	11 Mini choc-chip pancakes Bacon strips Fruit	12 Banana Bread Cheese stick Fruit	13 Waffle sticks Ham pattie Fruit	14 Mini bagel/cream cheese Go-gurt Fruit	15
16	17 Breakfast bar Cereal Fruit	18 French toast Sausage links Fruit	19 Cheese omelet Toast Fruit	20 Mini cinnamon donuts Yogurt parfait Fruit	21 Sausage & pancake wrap Fruit	22
23	24 Poptart Cereal Fruit	25 Waffle sticks Ham pattie Fruit	26 Egg McMuffin Fruit	27 Bacon & egg breakfast pizza Fruit	28 Pancakes Sausage links Fruit	29
30						

2018

**CGB Public School #2888
Lunch Menu
September**

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
All meals meet Federal & State requirements	Skim & 1% milk served with every meal					1
2	3 NO SCHOOL	4 Stuffed crust pepperoni pizza Watermelon Lettuce salad Cookie	5 Chicken nuggets Pasta salad Green beans Pears	6 Super nachos Sour cream/salsa Cantaloupe Corn	7 Sub Multi-grain chips Veggies/dip Peach cup Ice cream	8
9	10 Italian dunkers Spaghetti sauce Lettuce salad Grapes	11 Chicken pattie/bun Smiley potatoes Glazed Carrots Rosey applesauce	12 Mini corn dogs Baked beans Watermelon Animal crackers	13 Walking tacos Refried beans Lettuce, onions, cheese, salsa, black olives Peaches	14 Baked Potato Broccoli Soft pretzel Ham, sour cream Kiwi	15
16	17 HS-Fajitas EL-Max sticks/sauce Lettuce salad Tropical fruit mix Grips	18 Burger/bun Fries Pickles, onions Corn Plums	19 Chicken strips Rice pilaf Peas Mixed fruit	20 Chili Cheese Crackers Kiwi Sweet roll	21 Grilled cheese sandwich Batter bites Glazed Carrots Mandarin oranges	22
23	24 Individual cheese pizza Corn Peaches Trail mix	25 Hotdog/bun Baked beans Rosey applesauce Frosted grahams	26 Baked chicken Mashed potatoes/gravy Biscuit Green beans Peaches	27 Spaghetti/meatballs Garlic breadstick Lettuce salad Orange wedges	28 Ham & cheese sandwich Sun chips Fresh veggies Banana Sherbert	29
30						

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